



The Positive Influence of Family Ethics in Family Education of Adolescents in the New Era

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Abstract: Family education always occupies a crucial position in the education system of adolescents. In the process of adolescents' growth, family education will play an indispensable role, especially in the formation of behavior and character building. However, in the current stage of family education, there are still many problems, such as neglecting moral education, emotional education and family style influence, but instead emphasizing intellectual, material or verbal aspects. This paper will explore the positive influence of family style in family education of young people in the context of the new era.

Keywords: new period; family style; family education; positive influence

In the process of adolescents' growth, family education will be carried out throughout, and family style is one of the important factors influencing family education. In the formation of adolescents' ideology, family style also plays a very important role. The positive influence brought by family style has a significant relationship to the adolescents' establishment of good outlook on life and values and their development into positive and contributing people to the development of society.

1. Positive influence of family style in the family education of adolescents

1.1 It is conducive to ideological and moral education

As the primary goal of family education, it is very necessary to provide ideological and moral education for adolescents. In the whole stage of adolescents' growth, the most contact and the longest contact are family education and school education.

With regard to school education, it is mainly to

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impart cultural knowledge to adolescents and to cultivate their learning ability and social norms through scientific and reasonable teaching programs. Family education, on the other hand, is the place where young people first receive moral education. The formation of good moral quality cannot be achieved without the joint efforts of family education and school education, and children should be educated from the time they understand, through the establishment of good family culture and subtle enlightenment of ideology and morality. Secondly, in the process of adolescents' growth, they should be helped to learn to distinguish right from wrong and good from evil. In the important stage of adolescents' ideological development, good family culture can help them establish correct outlook on life and values, and then effectively enhance their ability to distinguish right from wrong on their own. Through subtle family education, that is, parents form a good family atmosphere in daily life and set an example, they unconsciously influence the behavior and language of adolescents, thus providing a guarantee for the formation of good ideology and morality of

adolescents (Tang, 2022).

1.2 It is conducive to personality shaping

Personality building refers to a special unified pattern of developing thoughts, behaviors and emotions in the process of socialization, which fully demonstrates the relationship between individuals and reality, and can be divided into two different forms: temperament and character. Due to the influence of various factors, such as genetics and education, different personalities are gradually formed. Therefore, the early environment has a direct impact on the formation of the personality of young people, and the early environment refers to the most exposed to family education. The positive influence of family culture in family education is mainly reflected in the following aspects: first, the role of good role models. In family education there is often a strong blood relationship, so it will make adolescents have a strong trust in their parents, and every word and deed of their parents will become the target and object of adolescents' imitation, so under the influence of their parents, adolescents will form similar personality characteristics. Second, the role of education model, in the process of family education, if parents use a long time to use arbitrary and authoritarian education methods, not only is not conducive to the formation of good family culture, and may even seriously affect the healthy growth of adolescents, more likely to develop aggressive or dependent personality. On the contrary, if parents fully respect their children's ideas in the process of education, they will help adolescents to develop a positive and independent personality (Zheng & Wang, 2021).

1.3 Facilitate behavior development education

During the adolescent period, it is an important stage for the development of good behavioral habits. If certain behavioral habits are developed, then it will be difficult to change them. Therefore, it is necessary to fully realize that the formation of behavior habits is a long and continuous process, which cannot be completed overnight, and it is also inseparable from the active role of family culture in family education. In the process of adolescent behavior formation, the

role played by family ethics mainly consists of two aspects, that is, the behavior planning and social planning of the family is transmitted to adolescents through parents. First, in family behavior planning, when adolescents are exposed to more family behavior planning, they will gradually form their own behavior habits, and by imitating their parents' words and behaviors, they will further adjust the relationship between both personal and social, and eventually become their own behavior habits. In social behavior planning, initially, adolescents often observe society from the perspective of their parents, and acquire some social norms through their parents' words and behaviors. For parents, it is also necessary to optimize and improve family education by combining specific social norms, and to guide adolescents to gradually form good behavioral habits through the influence of family culture on them (Liu, 2021).

2. The influence strategy of family style in family education of adolescents in the new era

2.1 Taking ideological and moral cultivation as the primary position in family education

In the adolescent stage, it is a critical period for the formation of good ideological and moral qualities. In this process, although adolescents themselves have strong plasticity, they may also be eroded by negative thoughts. Cultivating adolescents to form positive ideological qualities will have a direct impact on their future development. Once a solid foundation is lacking, it will also become very difficult to turn around later. Therefore, in the process of family education, one should be fully aware of the necessity of cultivating their ideology and morality, and provide appropriate space for adolescents to develop their personality. Adolescents' academic performance can easily be changed, but their outlook and values are difficult to be changed. In this regard, in the context of the new period, parents need to make moral education the primary position of family education and correctly realize the relationship between morality and intelligence (Zhang, 2021). At the present stage, due to the influence of educational

competition mechanism and academic restrictions, it is difficult for many parents to consider both moral education and intellectual cultivation, but if parents always uphold the traditional concept of family education, that is, moral education as the first priority, then it is easy to lead to the gradual loss of interest in learning, and may even develop an aversion to learning, etc. At the same time, parents should always pay attention to the changes of their teenagers in daily life. In fact, family education does not mean to instill a lot of life principles into teenagers, but to use the smallest things in life to know the smallest things and influence them unconsciously. As for the evaluation of adolescents, the test results should not be taken as the only criterion for judging good or bad learning, but it is necessary to take into account the actual situation of adolescents and evaluate them scientifically and reasonably (Tan, 2021).

2.2 Create a good family atmosphere and pay attention to the physical and mental development of adolescents

As we all know, having a good family atmosphere can help adolescents reduce stress and also promote the healthy growth of adolescents. Therefore, in the context of the new era, the construction of a good family atmosphere should be given more attention in the process of family education, so that adolescents can grow up healthily in a relaxed and harmonious environment. First, parents need to establish an equal parent-child relationship with their teenagers, listen to their ideas, fully respect their suggestions, and strive to become friends with them, rather than being arbitrary and superior. At the same time, an equal parent-child relationship does not mean unprincipled coddling, but requires accurate control of the scale of education, giving young people the space to develop freely while at the same time regulating their bad behavior. In addition to meeting the material needs of teenagers, they should also fully consider their learning and living conditions, communicate with them in a timely manner, and understand their true needs. In addition, parents need to think differently in the process of family education and put themselves in their

teenagers' shoes. In a positive and healthy family atmosphere, teenagers will really experience the warmth from the family and will be able to actively talk to their parents about their thoughts, which can avoid psychological problems and gradually develop good living and study habits. Second, to give appropriate support and encouragement to teenagers, most parents expect their sons to become dragons and daughters to become phoenixes, but it is worth noting that this expectation needs to be in line with the reality, that is, based on the actual situation of teenagers, so that it can play a positive role in promoting. In the process of adolescent growth, if parents have high expectations for them, it will create a heavy psychological burden for adolescents, especially for those with relatively low stress tolerance, and even create negative personalities such as withdrawal or capriciousness. Therefore, in the context of the new era, parents should comprehensively grasp the actual situation of their adolescents and educate them about mental health on this basis, and appropriately adjust their expectations so as not to bring heavy psychological burdens to their adolescents due to one-sided exaggeration (Wang & Zhao, 2021). Finally, it is also necessary to build an equal and harmonious family environment and gradually form a good family culture, which unknowingly brings pleasure to adolescents and makes it possible to grow up healthily in a relaxed and pleasant atmosphere. Creating a harmonious family atmosphere is not something that can be done by just one person, but cannot be done without the joint efforts of parents and children. Therefore, when dealing with family problems, parents should deal with them rationally, be more humble and less quarrelsome, and improve the quality of family education for adolescents implicitly through the ordinary and small things in daily life (He, 2019).

2.3 Leading by example, teaching by word and example together

In the process of family education, parents usually play the role of an invisible textbook for the education of adolescents, not only in terms of verbal and guidance education, but more importantly in

terms of teaching by word and example in parallel. The learning mode for adolescents is not in fact verbal reception, but learning by imitation. Therefore, it is especially important for parents to teach their own behavior. First, they should always pay attention to their own image. As the saying goes, if they want to teach their children, they should first correct their bodies, and only when they do so can they make various demands on their teenagers. Those parents who lie a lot are often unable to educate honest children, and those parents who are lazy usually have difficulty educating hygienic children. Therefore, in actual life, parents need to be aware of the influence of teaching by example, start from small daily things, and set a good example image for their teenagers through their own actions. Second, focus on improving their overall quality. For teenagers themselves, their words and behaviors also reflect their parents' words and teachings to a certain extent, so parents need to pay attention to improving their own moral and cultural qualities, play a good role as a model, through noble sentiments and civilized behavior, to implicitly influence teenagers. Especially for divorced parents, they should make sure that they can educate their children together and not be too spoiled or angry with them. If the parent does not have custody, he or she needs to visit the child regularly and have as many opportunities to communicate with him or her as possible. Although it is not possible to provide a complete family for the adolescent, it is necessary to provide a complete family education as much as possible so that the adolescent does not develop unhealthy personality traits due to the lack of paternal or maternal love (Yu & Zang, 2019).

3. Conclusion

In conclusion, the formation of adolescents' outlook and values cannot be achieved without a good family atmosphere and family climate, and the healthy growth of adolescents is also inseparable from scientific and effective family education. With the continuous progress of society, people gradually

realize the importance of family education, and according to the research, family education will play a crucial role in the growth process of adolescents. Therefore, in the context of the new era, the positive influence of family education can be maximized through the formation of a good family culture.

Conflict of Interest

The authors declare that they have no conflicts of interest to this work.

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