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Research on the Strategy of

Integrating Traditional Music Culture

in Vocal Music Teaching in High Schools



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Abstract: Music is an important part of many traditional cultural treasures, and it has its uniqueness to be preserved in the process of historical precipitation. With the change of times, people's interpretation of music in each period is not nearly the same. The basic content of vocal music teaching in colleges and universities is traditional music, and students inherit and carry forward the traditional music culture while showing the direction for the development of music in the new era. How to integrate traditional music into the process of vocal teaching in colleges and universities is a subject that vocal teachers need to explore in depth. This paper briefly analyzes and explores the integration of vocal music teaching and traditional music culture from the actual situation of vocal music teaching in colleges and universities, and puts forward his views on improving the teaching mode of the integration of the two and enhancing the effectiveness of vocal music classroom teaching, to achieve the teaching purpose of inheriting and carrying forward traditional music culture.

Keywords: college vocal music; traditional music; teaching; fusion strategy

In recent years, the idea of "enhancing cultural self-awareness and cultural confidence" has been proposed, which is of great significance to the inheritance of traditional culture. The integration of traditional music culture in the teaching of college vocal music is the affirmation of the status of traditional music. The introduction of Western vocal music has made us pay too much attention to Western music and neglect our traditional music in the past century. Pop music is the mainstream of modern music, and the integration of traditional music elements in the process of pop music creation is not only conducive to the innovation of pop music forms but also promotes the inheritance of traditional music culture. In the new era, the integration of traditional music culture in college vocal teaching can effectively improve the effectiveness of vocal teaching, cultivate the form of cultural and musical literacy, enhance students' cultural self-confidence, and promote the spread and development of traditional music culture.

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- 1. The current situation of traditional music in vocal music teaching in colleges and universities
- 1.1 Traditional music is not paid attention to in vocal music teaching in colleges and universities

With the development of education reform, music education in colleges and universities is moving towards a modernized teaching system, which helps to spread and promote music culture and is significant to the inheritance of traditional music culture. At present, there is not much knowledge about traditional music in the vocal music teaching of colleges and universities, and the proportion of the overall music teaching is not high, which causes traditional music not to be inherited well. Many factors lead to this situation, among which the lack of attention of the teaching management to the integration of traditional music with modern education is the main factor (Yu, 2021). After the 19th century, the development of Western music entered a period of relative glory, and with the frequent exchange of global information, Western music began to spread throughout the world, producing a high level of influence. When western music entered China, the fresh

musical elements impacted traditional music culture, resulting in western music becoming the mainstream of students' learning in vocal music teaching in colleges and universities, which greatly affected the development of traditional music culture and was not conducive to the inheritance and promotion of traditional culture.

1.2 A variety of factors lead to students in active learning of traditional music

Since the country attaches importance to the inheritance of national culture, vocal music teaching in colleges and universities began to strengthen the integration of traditional music and modern music teaching and did achieve certain results, but in general, it is not ideal. Many factors cause this phenomenon. First of all, not much traditional music repertoire selected by teachers in the teaching process is interesting to students, and many times they are rigid, which cannot mobilize students' enthusiasm at all, and students are unwilling to participate in traditional music and culture learning, and gradually lose interest in traditional music (Wu, 2021). Secondly, nowadays, the network information is developed and integrated into all fields of life, many students will learn music knowledge online, but the network knowledge is disorganized, unsystematic and not very professional, students are addicted to the network, delaying the learning of professional knowledge, unsound network knowledge makes students' learning quality reduced at the same time, also makes students lose interest in traditional music culture. Furthermore, the teacher's approach to the integration of traditional music into vocal teaching is too formal and lacks inherent depth, which is the fundamental reason why students do not like traditional music. The integration of traditional music with modern music carried out by teachers in pursuit of teaching tasks is tough and stereotypical, which will make students lose interest and resist at the same time, and create a biased perception of the existence of traditional music, which seriously affects the effectiveness of cultivating students' music literacy and is not conducive to the inheritance and development of traditional music culture.

2. Measures to integrate traditional music in vocal music teaching in colleges and universities

2.1 Improve the quality of vocal music teachers and

strengthen their traditional music cognition

In the long-term development of music teaching, music teaching is mainly based on western music, and teachers are used to the teaching system of western music. When traditional music starts to be integrated into the teaching system, many teachers have difficulty changing their teaching philosophy for a while, which is very unfavourable to the inheritance of traditional music.

Therefore, college vocal teachers must change their teaching philosophy in time, strengthen their understanding of traditional music culture, integrate traditional music theory education in vocal classroom teaching, and promote the blossoming of traditional music culture in college music education (Chen, 2021). As the organizer and implementer of music education, college vocal teachers' music literacy has a decisive influence on the quality of classroom teaching (Guo, 2020). Therefore, teachers should strengthen their knowledge of traditional music culture, improve their musical literacy, establish clear teaching goals, and point out the right direction for vocal music education. At present, most teachers have not conducted a systematic study of traditional music knowledge, and their professionalism and standardization are obviously insufficient, and their music literacy has not been effectively improved. Therefore, college vocal teachers can learn traditional music culture through training or network resources to improve their teaching level. In the process of teaching, teachers can use the convenience of electronic information technology to integrate resources and create scientific and reasonable teaching plans to improve the effectiveness of music classes. When teachers make teaching plans, they can combine teaching objectives, dig deeper into the traditional music elements contained in them, use flexible teaching methods, stimulate students' interest in traditional music, mobilize students' learning enthusiasm, and strengthen students' knowledge of traditional music culture, to optimize the integration of vocal music teaching and traditional music culture, promote the penetration of traditional music culture in music development, and complete the inheritance and promotion of traditional music culture. This will optimize the integration of vocal teaching and traditional music culture, promote the penetration of traditional music culture in music

development, and complete the inheritance and development of traditional music culture.

2.2 Create a diversified teaching mode to enhance the effectiveness of traditional music culture integration

Effective teaching methods are conducive to the smooth development of teaching activities and the accomplishment of classroom teaching goals. In music teaching, the traditional single teaching method of "voice practice + music singing" is not conducive to the integration of vocal teaching and traditional music (Li, 2020). Therefore, teachers should update their teaching ideas and create diversified teaching modes to promote the integration of traditional music in vocal music teaching.

First, in the vocal music classroom, appropriate traditional music repertoire is selected in conjunction with the content of the textbook, and traditional music cultural elements are incorporated into the teaching to guide students to consciously learn and understand traditional music knowledge. For example, the lyrics of Su Shi's "Song of Water Tunes", which we studied in language class when we were children, were later changed to "But May People Last", and teachers can use it as practice material in class. The tune is arranged to be melodious and catchy. This song is not only good for students to master vocal skills, but also for them to feel the poet's longing and attachment to the bright moon, the romantic colours, the dashing style and the flowing language, giving people a healthy aesthetic enjoyment. Receiving traditional culture in such beautiful emotions has a tremendous effect on cultural heritage and the improvement of students' comprehensive literacy (Wu, 2022). In addition, students also use the vocal skills they have learned to adapt the music to their feelings about traditional music, which stimulates students' interest in traditional music and at the same time promotes the integration of traditional and modern music, cultivating students' innovative and creative power in music.

Secondly, most modern music singing styles originate from the West, while traditional music singing styles are diverse, including opera, folk songs, operatic arts, and so on. The integration of traditional music singing into vocal singing requires students to master the essence of each singing style and then integrate them into the creative process, which is of great significance to enhance students'

musical literacy. The traditional singing method is based on the breath method of "qi walks in the middle dantian", which focuses on the regulation of the breath when singing. It is based on the essence and physiological structure of human beings, with a full essence and posture, to promote the flow of "qi" in the throat. The combination of traditional singing and modern music provides strong conditions for the diversification of musical forms and is also conducive to the promotion and development of traditional music culture.

2.3 Music and emotion fusion, improve the quality of music

As a multi-ethnic country, traditional music has unique national characteristics. Each nationality is located in a different region, and the expression of music and emotion is also different, so this is also the significance of traditional music heritage. The perception of musical emotion in the form of vocal teaching helps students to experience the cultural connotation of music. For example, compared to the delicate emotions of the south, northern music is sung more heroically. Northern songs reflect people's love for life, while the South subtly expresses thoughts (Zhi, 2020). Learning different musical forms of traditional music and feeling different emotional experiences is a source of inspiration for students' musical compositions. The integration of music and emotion facilitates the smooth development of classroom activities in vocal music teaching (Wu, 2021). By empathizing with music, students will actively explore the culture and connotation of traditional music, which in turn will enhance their perception of music. For example, for the unique singing form and timbre of folk songs in northern Shaanxi, teachers should combine the local regional cultural characteristics to make students understand the connotations of the songs, and then guide them through the perception of the rhythms of Shaanxi music through appreciation and analysis. Only when students understand the background culture of music creation can they deepen their musical emotions, enable their musical potential to be developed, enhance their musical ability, and promote the quality of music classroom teaching.

2.4 Improve vocal instruments and technological equipment

In recent years, the comprehensive development of

electronic information technology has blossomed in various fields. Education also follows the footsteps of the times and introduces technological information technology into the classroom teaching system (Ma, 2020). The use of these emerging types of teaching methods in vocal music teaching in colleges and universities can all effectively stimulate students' interest in learning, mobilize their enthusiasm, give full play to their subjective initiative, and promote the improvement of their musical literacy (Zhou, 2018). The application of technological teaching methods in vocal music teaching can effectively promote the combination of traditional music culture and vocal music to play its proper role and value. In addition, to perfectly integrate traditional music and vocal music teaching, the university management should pay attention to the updating and perfection of traditional musical instruments equipment to provide a strong guarantee for the subsequent teaching activities and realize the inheritance of traditional music culture.

3. Conclusion

To sum up, the integration of traditional music culture in vocal teaching is beneficial to the development of modern music and promotes the inheritance of national music at the same time. In the process of teaching, teachers should improve their music literacy and integrate music resources, and use diversified teaching modes and modern teaching equipment to increase students' emotional experience of music and promote the effectiveness of vocal music teaching.

Conflict of Interest

The authors declare that they have no conflicts of interest to this work.

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